



## **Waukesha County**

### **Office of the County Executive**

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**FOR IMMEDIATE RELEASE**

Date: Monday, June 6, 2016

### **WAUKESHA COUNTY EXECUTIVE PAUL FARROW AND WAUKESHA MAYOR SHAWN REILLY BIKE TO WORK TOMORROW Local Coffee Shop Serving Free Refreshments To Bicyclists**

**(WAUKESHA, WI)** – Tomorrow, June 7, 2016 Waukesha County Executive Paul Farrow and City of Waukesha Mayor Shawn Reilly will celebrate Wisconsin Bike Week with a morning bicycle ride and stop at a local coffee shop before heading to work for the day.

“Waukesha County is proud to promote the health of its employees,” said Waukesha County Executive Paul Farrow. “Healthy employees and residents are more productive and happier, which means a higher quality of life for everyone who lives and works in Waukesha County.”

At 7:00 am, County Executive Farrow and Mayor Reilly will arrive at Mama D’s Coffee, located at 928 N Harwell Ave, Waukesha, WI. Mama D’s will be giving out free coffee and Carmen’s Fruit and Nut Trail Bars to members of the public who bike to the business between 7:00 am and 8:00 am.

At 8:00 am, County Executive Farrow and Mayor Reilly will depart to bike to their respective work locations. Waukesha County employees will lead a short group bicycle ride around Frame Park before heading to the Waukesha County Courthouse to begin the work day.

#### **About Wisconsin Bike Week**

Wisconsin Bike Week runs from June 6 to June 12 this year, and features a number of activities for bicyclists across the state. It is just one of initiatives that the Waukesha County Wellness Program is taking part in this month to encourage employees to stay active and healthy.

#### **About the Waukesha County Wellness Program**

The Waukesha County Wellness Program is designed to provide employees and spouses with an opportunity to participate in health screenings, education, fitness, and activities which have the overall goal and long-term objective of preventing disease and lowering health care costs. For more information about Waukesha County, visit [www.waukeshacounty.gov](http://www.waukeshacounty.gov).

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